

# THE GOODNESS GAZETTE

SPONSORED BY HELPING HANDS OV

VOL 1. ISSUE 1

## **UPCOMING EVENTS**

**February 29<sup>th</sup>** - (11am-1pm) FREE Orangevale Rocks Free Food Drive and Paint Party. Bring canned food. 6483 Main Ave.

March 7<sup>th</sup> – (8:30am-1pm) FREE Celebrating Womanhood 2020. 8321 Greenback Ln.

March 8<sup>th</sup> – (8-10:30am) All You Can Eat Pancake Breakfast. \$5 adults \$3 kids age 13 and under 5805 Walnut Ave.

March 12<sup>th</sup> – (8:30am-12pm) FREE San Juan Unified Kindergarten Enrollment Fair. 7322 Sunrise Blvd.

**March 17<sup>th</sup>** – (6 –7:30pm) FREE Taking Control of Your Finances Workshop. 8897 Greebnack Ln.

March 18<sup>th</sup> – (11am-1pm) FREE Workshop Wednesday with SMUD 8897 Greebnack Ln.

# Share Your Event or Story

**Helping Hands OV** helpinghandsov@yahoo.com

#### WHAT IS THIS?

The Goodness Gazette is geared toward everything good in our community. From non-profits to free events and places anyone can seek assistance when in need. The news outlets can be drab and depressing, so this is where to read about all the do-gooders and help available locally.

#### I WANT IT NOW!

Wanting to get involved RIGHT NOW in the community? The Big Day of Service event may not be until May 16th, but you can get involved early. Join the Leadership Committee on the first Tuesday of every month from now until the Big Day at the Sunrise Community Church (8321 Greenback Ln.) from 7-8:30pm. Other ways to get involved now are to recommend projects in the area or submit a request for a neighbor in need for their Neighbors Helping Neighbors projects. Helping Hands OV will be leading one of the NHN projects. You can find all the information at <a href="https://www.bigdayofservice.com/">www.bigdayofservice.com/</a>

#### O: What Can I Do?

A: Sometimes it's not what you know, but who you know. Reach out to those in your community to see if anyone needs help. Talk to those at your church, school, even waiting in line in the grocery store. Good deeds can be done anywhere.

#### Q: Where Can I Get To Work In The Community?

A: Research local groups like Helping Hands OV. More information can be found at <a href="https://helpinghandsov.wixsite.com/helpinghandsov">https://helpinghandsov.wixsite.com/helpinghandsov</a> or join the Facebook group at <a href="https://www.facebook.com/groups/helpinghandsov/">https://www.facebook.com/groups/helpinghandsov/</a>

"...seeing all the girls and their moms so happy when they tried on their dresses, made me very happy and made all the hard work with it."

## **DO-GOODER HIGHLIGHT**

Featured on Good Day Sacramento, Madelyn Hendricks is a local 8th grader who put together Maddie's Fancy Dress Give Back Day for her community project. She collected over 500 dresses and the smiles on the girls (and moms) faces were priceless. There were so many dresses, she couldn't give them all out in one day, so she had to host

THREE events! Roughly 200 girls walked away as the Belles of the Ball. When asked about her efforts, Madelyn said "It was a lot of work but seeing all the girls and their moms so happy when they tried on their dresses, made me very happy and made all the hard work with it." All remaining dresses were then donated to MJ's project who will continue passing the dresses to girls for proms along with alterations and haircuts all



free of charge. Dresses also went to Shriners Children's hospital where the teens will have their own prom. Great work Maddie!

#### QUOTE OF THE MONTH



"Love is not patronizing and charity isn't about pity, it is about love. Charity and love are the same -- with charity you give love, so don't just give money but reach out your hand instead."

- Mother Teresa